Founded in Boston in 1891 to provide medical care for women in need, the Vincent Memorial Hospital is a 501(c)(3) tax-exempt public charity whose sole purpose is to support women’s care at Massachusetts General Hospital. For more than a century, the Vincent has provided funding and assistance for dozens of programs, ranging from those that educate the next generation of physicians and scientists and improve clinical care, to those that produce groundbreaking advances in research. Each year Vincent volunteers give countless hours of their time to assist Mass General Vincent Obstetrics & Gynecology caregivers in providing the best experience for patients and their families. Today, through the dedication and commitment of donors and friends, the VMH continues its mission of supporting medical education and the discovery of paths to improved outcomes, while providing the best health care possible to women regardless of their circumstances.
Message from the Chairman and President

How can a zebrafish improve medical care for women? Vincent research is far from conventional and so are the results. Support for the breakthrough science taking place within the Vincent Center for Reproductive Biology, where new approaches to the most vexing issues of women’s health are being developed, is only one of several Vincent Memorial Hospital priorities. Others include support of advances in daily patient care so that it may become as efficient and effective as it is personalized and safe. We are also striving to increase our support of the three Vincent fellowship programs, which provide the training and educational opportunities that will equip tomorrow’s physicians with the tools they need to advance the science and the delivery of health care for women.

Throughout its history, from its beginnings as a free-standing hospital for women in Boston’s West End to the present day as a charitable corporation whose purpose is the support of Massachusetts General Hospital Vincent Obstetrics & Gynecology, the Vincent Memorial Hospital has stood for compassion and the courage to embrace innovation.

The stories that follow illustrate the talent, dedication and caring that is the mark of Mass General Vincent Obstetrics & Gynecology. They also are a testament to the value of your investment in the Vincent Memorial Hospital. Whether it is improving access to care, providing a training opportunity for the next great subspecialist, or exploring the mysteries of embryonic development, the impact of a dollar in Vincent support is far-reaching.

On behalf of the entire Vincent family, we thank you for your continued and dedicated support and invite you to join with us in strengthening our ability to fund these important initiatives in women’s care.

F. Gardner Jackson Jr.
Chairman

Susan Hunnewell
President
Message from the Chief

Not long ago, I had the privilege of presenting a summary of the Vincent Obstetrics & Gynecology service to the Board of Trustees of the Massachusetts General Hospital. It was a wonderful opportunity to describe the accomplishments of the Vincent team and the many people who have worked so hard to improve the health care of women.

Among the accomplishments of which we are most proud are the return of obstetrics to the Mass General after an absence of forty years, the establishment and remarkable growth of the Vincent Center for Reproductive Biology, the expansion of Vincent services in the Mass General community healthcare centers and at Mass General West and – with approval by the America Board of Obstetrics and Gynecology of our fellowship in maternal-fetal medicine – the presence within the Vincent of three ABOG-approved fellowship training programs. This is not an exhaustive list, but it demonstrates our commitment to every aspect of clinical and academic medicine. Whether it is patient care, teaching or research, our endeavors rely on a team approach guided by the imperative to provide the highest quality care for each and every one of our patients.

Central to our team approach is the involvement of the Vincent Memorial Hospital. Shepherded by board chair Gardner Jackson, the VMH family, through its committed and multi-faceted support, is what distinguishes Vincent Obstetrics & Gynecology from other departments. During the recent board presentation, I was delighted to hear these sentiments so clearly conveyed by the friends and colleagues of Gardner’s who sit on the Mass General board.

In the pages that follow we have included a small sample of the important work taking place across the Vincent and a glimpse of the outstanding people who comprise our dedicated team. As you read their stories, please know how grateful we are for your tremendous and continued support.

Isaac Schiff, MD  
Chief, Vincent Obstetrics & Gynecology
When Dr. Isaac Schiff informed Vincent Center for Reproductive Biology (VCRB) director Jonathan Tilly, PhD, that the Mass General research administration had approved the move of the center to new and larger space in the Thier Research Building, he was greeted with an unusual response. “Wonderful news,” Dr. Tilly replied, “and now we’ll need an aquarium.” This brought a smile to Dr. Schiff’s face as it was Dr. Tilly’s way of announcing that Antony Wood, PhD, had accepted an offer to join the VCRB faculty.

Dr. Wood is one of the world’s authorities on the subject of a small tropical fish, called zebrafish. Dr. Wood will, for example, be happy to explain that a zebrafish develops from a one-cell egg into a fully formed fish in three days and is capable of reproducing 200 offspring each week.

The human embryonic period, during which the fertilized egg, or zygote, develops into a fully-formed fetus, is among the most fascinating, yet enigmatic, phenomena in biology. It is also among the most sensitive stages of human development, as perturbations during this period underlie a majority of congenital birth defects. It is therefore a primary goal of reproductive biologists to more fully understand the factors controlling embryonic development. However, one of the biggest barriers to understanding human embryogenesis is the simple fact that human embryos, like those of all mammals, must develop within the protective confines of the womb, and thus cannot be observed directly.

Enter the remarkably versatile zebrafish, which is highly similar to humans at the genetic level, yet develops externally of the mother, allowing researchers to study every stage of embryonic development in remarkable detail. During the last decade, the zebrafish has established itself at the forefront of embryology research, providing researchers with unparalleled insights into genes and pathways regulating embryonic development.

In the VCRB, Dr. Wood has been using the zebrafish embryo to explore the embryonic functions of the insulin-like growth factor (IGF) signaling pathway, which has long been known to be important for human growth. Currently he is pursuing the possibility of a genetic dialogue between IGF signaling and other genes linked to a spectrum of human birth defects. He is optimistic that these findings will contribute to the ongoing search for clinical strategies to ensure the development and birth of healthy babies.
Students and residents at an academic medical center such as Massachusetts General Hospital add vibrancy to all clinical departments engaged in teaching the next generation of physicians. The importance of educating both provider and patient has long been a key mission of the Vincent where the education of health care professionals continues today in a variety of ways. The department is fortunate to count among them students of Harvard Medical School, nurse trainees of the MGH Institute of Health Professions and the future specialists selected to participate in the Massachusetts General Hospital/Brigham and Women’s Integrated Residency Program in Obstetrics and Gynecology.

Beyond the four-year obstetrics and gynecology residency program there is subspecialty fellowship training. It is in such fellowship programs that academic medicine’s future leaders are typically produced. It is here – with three fellowship programs approved by the American Board of Obstetrics and Gynecology (ABOG) – that the Vincent affirms its position in the vanguard of medical education.

The oldest of the Vincent fellowship programs is in gynecologic oncology, reflecting the Vincent’s longstanding reputation in the diagnosis and treatment of gynecologic cancers. The second, in reproductive endocrinology and infertility, recognizes Dr. Schiff’s own subspecialty and its central role in so much that is related to women’s health. The third fellowship, approved by ABOG in 2007, is in maternal-fetal medicine (also known as high-risk obstetrics), and is made possible due to the flourishing Mass General Vincent Obstetrics Program. Each is a three-year fellowship, accepting a new fellow annually.

A key component of each Vincent fellowship is the time spent in the Clinical Fellows Research Training Program within the Vincent Center for Reproductive Biology (VCRB). According to Dr. Schiff, it is because of the VCRB and the Clinical Fellows Program – directed by Bo Rueda, PhD – that the Vincent is able to attract the very best fellowship applicants. In the program, fellows are given the opportunity to design, implement and critically review projects in an integrated clinical and basic research environment. The result is a unique fully immersed training experience that incorporates all levels of clinical practice and research protocol. With this training as the cornerstone of their fellowship experience, future subspecialists go on to learn skills and gain experience while benefiting from the special culture of patient care that is the Vincent.
Of the more than 3,500 deliveries that take place each year in the Massachusetts General Hospital Vincent Obstetrics Program, over 1,000 – 30 percent of the total – are those of patients seen for their prenatal care at one of the Mass General community healthcare centers located in Chelsea, Charlestown and Revere. Under the direction of Vincent Obstetrics & Gynecology staff member Alessandra Peccei, MD, the health center obstetrics program cares for those who are often poor, underserved and/or recent immigrants. The program includes the highest proportion of public payor-supported care at the Mass General and yet, it is one where every patient is treated with the same accessible and outstanding care, regardless of socioeconomic circumstance.

The program’s core element consists of physicians, midwives, nurses and nurse practitioners, community outreach workers, social workers, translators, childbirth educators and nutritionists. Through a coordinated approach, the team provides comprehensive, compassionate and culturally appropriate health care for all patients. In Chelsea, 75 percent of those receiving obstetrical services are Hispanic. In Revere, nearly 60 percent of those who receive services are underserved minorities, with a population mix of 20 percent who identify as Hispanic and 16 percent as Cambodian. While practicing at a smaller volume site, the staff at the Charlestown center faces similar challenges. Respect for cultural differences, a multilingual capability and an understanding of available state programs are basic requirements for the successful delivery of care in an environment where both socioeconomic as well as health-related circumstances can frequently lead to high-risk pregnancies. The diversity of the health center communities and the team’s ability to provide expert and sensitive care for the myriad problems of pregnancy, which are often not limited to medical issues, is a hallmark of our service.
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Vincent Memorial Hospital Statement of Operations for the Years Ended September 30, 2007 and 2008

Operating Revenues

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Income from investments</td>
<td>$669,461</td>
<td>$590,014</td>
</tr>
<tr>
<td>The Vincent Club gift</td>
<td>$105,000</td>
<td>$103,000</td>
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<tr>
<td>Interest</td>
<td>$31,875</td>
<td>$31,875</td>
</tr>
<tr>
<td>Annual contributions</td>
<td>$140,663</td>
<td>$290,148</td>
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<tr>
<td>Total operating revenues</td>
<td>$946,999</td>
<td>$1,015,037</td>
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Operating Expenses

<table>
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<tr>
<th></th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Reproductive Biology support</td>
<td>$685,000</td>
<td>$685,000</td>
</tr>
<tr>
<td>Teaching &amp; Research support</td>
<td>$189,538</td>
<td>$184,000</td>
</tr>
<tr>
<td>Program &amp; Project support</td>
<td>$211,046</td>
<td>$206,000</td>
</tr>
<tr>
<td>Support services (marketing, investment fees, auditing)</td>
<td>$259,412</td>
<td>$198,703</td>
</tr>
<tr>
<td>Other expenses</td>
<td>$17,209</td>
<td>$12,481</td>
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<tr>
<td>Total operating expenses</td>
<td>$1,362,205</td>
<td>$1,286,184</td>
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Transfer in excess of investment income to support operations

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>$415,206</td>
<td>$271,147</td>
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Net assets, beginning

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets, beginning</td>
<td>$25,867,992</td>
<td>$22,992,884</td>
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</tbody>
</table>

Net assets, ending

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets, ending</td>
<td>$20,572,061</td>
<td>$25,867,992</td>
</tr>
</tbody>
</table>

Percentage of endowment income and principal to support operations 4.80% 3.90%

*The Vincent Memorial Hospital is a 501(c)(3) tax-exempt charitable organization that supports women’s health care at the Massachusetts General Hospital. The figures shown reflect the audited financial statements of the Vincent Memorial Hospital only.